

## **Recommended Field Equipment**

### **Starter (U5-U7)**

18 small cones 3"x7"  
4 large cones 4"x10" different color  
4 practice vests  
1 practice ball, #3  
1 mesh ball bag and 1 air pump

### **Basic (U8)**

24 small cones (3"x7")  
10 large cones 4"x10" different color  
4 flages  
6 practice vests  
2 practice balls, #3  
1 mesh bag and 1 air pump

### **Advance (U9 and above)**

40 small cones (3'x7')  
10 large cones 4"x10" different color  
4 flags  
2 practice balls, #4 (U13 and above #5)  
8 practice vests  
1 mesh ball bag and 1 air pump